

STAUNTON BY BIKE CYCLING CLASS

Join our certified League Cycling Instructors to gain the confidence and skills you need to ride safely on city streets. This course includes traffic skills, bike exercises, and basic guides for maintaining and checking your bike before a ride. The class is helpful for anyone whether you want to learn how to ride confidently on city streets or already have experience.

For more info, visit www.svbcoalition.org/bike-education/classes

Class Offerings

Friday, 9/25; 9 AM-1 PM

Saturday, 10/10; 9 AM-1 PM

Saturday, 10/17; 9 AM-1 PM

Sunday, 10/25; 1-5 PM

How to sign up:

Call City Parks and Rec to register: 540-332-3945 \$15 or register online with the city. Bring your bike and helmet.

Location: Gypsy Hill Park- next to the gym (entrance off of Thornrose Ave).

Minimum age for participants is 14 years old; Ages 14 - 17 must be accompanied by an adult also enrolled in the course.